

Aging

FEDERAL SECURITY AGENCY

WASHINGTON 25, D.C.

No. 4 - March 1953

Portland, Oreg., Goes To Town

[Back in April 1951, the citizens of Portland decided on a frontal attack on the problem of the community's aging. Sponsored by the Council of Social Agencies a conference was held which brought together a large number of citizens and helped establish a working group intent on getting some sound programs underway. In this, certainly, it succeeded, and Portland has already acquired the reputation of one of the liveliest communities in the aging field.

Recently, we received a long and exciting letter from Mrs. Clifford E. Zollinger, first Chairman of the Committee on Aging of the Council and, so far as we can judge, the chief sparkplug of the group. In her letter, Mrs. Zollinger brings us up to date on what has been happening in Portland. We print the following excerpts because it gives a vivid picture of an on-its-toes committee in action. ED.7

"Our radio program, 'Shooting for One Hundred' has just received an excellent rating according to the 'Pulse, Inc.' survey just released. It rated 4.8, which is 15% of the radio audience - or 52,000 people - at 9:15 every Sunday night! - one of the largest listening audiences of any locally produced program in the history of this territory! It is still sponsored by the California Western States Insurance Company, with the State Employment arranging the programs under the guidance of a Committee on Aging. The programs are of rather consistently high quality...

"The Council of Social Agencies requested a report of our Committee on Aging for their annual meeting, and recommended to the Chest Board that we be given an allocation for a half time staff worker. The Chest granted the allocation, and the worker was employed...

"The Methodist Home project is coming along very well. Engineers are calling for bids this week and hope to start actual construction within the month... (See page 5 for fuller description of this project. ED.)

"About twenty people took Dr. Elon Moore's course on Leadership Training on Aging last summer. The enrollment would have been greater, but it was publicized as strictly on the policy making level...

"Last spring, by dint of considerable effort, it was possible to find eight women to take a training course to prepare them to work in an activity program in Homes for the Aged and Convalescent Homes. The Red Cross gave an adaptation of their work with veterans and homebound... Summer brought that effort to a standstill, but not before patients in one home had seen some of the articles, and the volunteer carrying them had been unable to get out of the home until she had started several of the patients making them.

THE BEAN BAG CLOWN

"My New York visit was a thrilling experience. Geneva Mathiason, Barnabas Hospital, Syracuse Wagon Wheel, Jewish Home for the Aged, Welfare Island, and several other places and people gave me so much understanding and enthusiasm that I came home just in time for Dr. Moore's Seminar more firmly convinced than ever of the value of activities for older people. Dr. Moore helped with ideas of how such a program could be initiated. Among other things he told of a group of older women in Ithaca, New York who had been very successful in making and marketing a small bean bag clown.

Milestone in Philadelphia

Some 157 years ago, a group of young Quaker women organized The Female Society of Philadelphia for the Relief and Employment of the Poor. Its purpose was to minister to the victims of the yellow fever epidemic then raging in the city. Later, the Society evolved through many changes, all reflecting the altered needs of the community it served. Recently we were informed of the opening of the Philadelphia Center for Older People, sponsored by the Society and two other groups--an effort, according to the announcement, "to apply the techniques of social settlement to a single age group, and on a city-wide basis."

To the Female Society of Philadelphia!
May it continue its good work through another century and a half.

"About the first of August, I invited two groups of people to my home on two successive days: the first, to discuss an activity program for Homes for the Aged; the second, to discuss possibilities for helping older people use their craft abilities commercially. The latter was inspired by the little bean bag clown. Here was a definite article to be made. The name "Senior Craftsmen of Oregon" developed and was accepted during that meeting, and an informal luncheon became the origin of the Senior Craftsmen program.

"The Senior Craftsmen organization deals with two types of articles; (1) those made on order from council's designs; (2) those designed and made by individual craftsmen with no money outlay by council; (3) incidentally - referral of employers to skilled craftsmen.

"Type I. The Council will furnish design and where necessary, a pattern; furnish materials and instructions; plan for pick up and delivery to workers who are not able to come to headquarters; accept articles which are in accordance with standards set, or reject if not according to design and workmanship requested; label and place for sale; collect; pay workers when collections have been made.

"Type II. The council will consider article (Design and Jury Committees); advise workmen on design, color, workmanship, estimate of sale value, with definite and detailed explanation if article is not accepted; accept or reject article for sale under Senior Craftsmen label (we are able to arrange for placement of some articles which have value but do not come up to our standard for our label); assist in placing article for sale; collect; turn proceeds over to workmen retaining 5% of sale toward Council expenses.

ORGANIZATION IS DEVELOPING

"We are fortunate in having on our committee the head of the Art Department of our Public Schools, and several others with exceptional qualifications. The Red Cross is providing space for training and Ruth Kennedy, Supervisor of Arts and Skills for the Red Cross, is chairman of the design committee and has been the guiding light for the whole project. Its success is largely due to her efforts... Gradually, the organization has been developing with additional people accepting specific responsibilities. Altrusa, a business and professional women's club, is providing us with a part time book-keeper for the next six months.

"Perhaps our biggest thrill, aside from our first order, came a week and a half before Christmas when San Francisco's largest florist long distanced an order for 100 clowns all red and white. To meet his time requirement, we had less than two days to make them. We got a group of our workers together Monday morning. At three o'clock Tuesday afternoon, we shipped the last clown of the order!

"The Activity program for the Homes seemed to be side-tracked for a time. But, interestingly enough, the Senior Craftsmen program, once it got started, provided the impetus and the personnel for the Activity program. Two of our Senior Craftsmen have been going to the Women's Convalescent Home every week...

TRAINING COURSE FOR VOLUNTEERS

"Certainly one of the most significant developments in this area is the training course for volunteers to be given at the First Congregational Church, starting January 19, under the sponsorship of the Council of Church Women and including women from the Council of Catholic Women. Last spring, we were trying to find people to take such a course. Now, so many people are asking for it that I wonder how we can take care of them all - until I realize that the percentage of people who actually show up under such circumstances is always rather small...

"The City Club has a committee studying several phases of the problems of the aged. Something good will come from it...

"The Methodists had a most successful non-denominational camp for the elderly at Camp Magruder last summer...

"The Family and Child Welfare Division of the Council of Social Agencies has a Subcommittee on Standards for Homes for the Aging and Convalescent Homes which is accomplishing quite a bit in improving relationships between home owners and public health personnel, etc. ..."

Camping for the Golden Age

Next summer Camp Cleveland in Warrensville, Ohio, sponsored by the Cleveland Golden Age Clubs, will begin its fifth year of successful operation. Each season, something like 200 men and women, ranging in age from 60 to 75, are the Camp's guests for a 6-day session of outdoor fun and recreation. And all accounts agree that a "fine time is had by all."

These annual camping sessions are made possible by the generous cooperation of the Cleveland municipal authorities and the local Welfare Federation. The City supplies the campsite and bears the cost of the food which is the major item of expense. The City Recreation Department provides a craft teacher. And the Welfare Federation releases two of its staff members to serve respectively as Camp Director and dietitian.

No camp, of course, can be operated without skilled personnel. Unlike camps for children and young people, however, there is very little need for discipline. For the most part, the program proceeds at a leisurely pace. And every effort is made to utilize the leadership ability found in these older people.

Cooperating with the director in the management of the Camp is a Council composed of representatives from each cabin. Two members of the Council are appointed each day to inspect the cabins for neatness, and the entire Council meets each morning with the director to pass along suggestions or criticisms and in general to help decide matters of operating policy.

The Camp is proud of the fact that it is interracial and that differences in color among its guests have been no barrier to the establishment, at all times, of a wholly friendly and harmonious atmosphere.

A typical day starts with the raising of the flag and a pledge of allegiance to it, and is likely to end with a songfest around the fireplace in the recreation hall. Scattered throughout the day are classes in crafts, sewing and dramatics. Lectures, square dances and home talent entertainments also figure largely on the agenda. A Camp newspaper is published by the guests.

A recent report on the Camp, issued by the Welfare Federation of Cleveland, sums up the spirit and approach of the whole project:

"We try to run our Golden Age Camp with as few rules as possible," it says. "We tell the campers that an interesting program is provided for them but they are under no compulsion to participate in the formal activities. The participation is extremely high, however. Some campers, for example, decide not to take

part in the crafts program. After a day or two they see what their friends have made and what fun they have had in doing it. In the end they come to the crafts shop and want to make something. This informality is very hard on the class instructor but we have found that it is the best way. The class may become a little disorganized but that is a very small matter compared with the fact that most of the campers go home with articles that they have made themselves.

"Some older people, like the rest of us, have developed habits of lethargy. It takes a few days to stimulate them into trying something new. The result, when you see it, is very rewarding. On the other hand, those who plan a camp program must recognize that the strength of older people is not unlimited and that ample opportunity must be left for leisure and rest. A good program must strike a balance between stimulation and relaxation."

CHICAGO, ALSO

A similarly successful camping project for older adults is described in a report issued by the Golden Age Department of the Jewish Community Centers of Chicago, 3500 Douglas Boulevard, Chicago 23, Illinois. Among other things, the report gives a number of interesting examples of individual adjustment to camp life that took place during the camp sessions.

DON'T FORGET

to send in your subscription to AGING

This is the last issue that

can be distributed free

First returns on our subscription drive for Aging were more than gratifying, and earned a nod of approval from the office of the Superintendent of Documents.

The current issue, however, is the last one, under a ruling of the Bureau of the Budget, that can be distributed free. Beginning with the next issue, we go on a hard and fast paid subscription basis-- 50 cents a year for six bi-monthly issues.

A subscription blank is enclosed. If you have not already sent in your subscription, fill it out and mail it to-day. We don't want to miss you, and we hope you don't want to miss us. In other words, do it now.

Aging

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FEDERAL SECURITY AGENCY
Oveta Culp Hobby, Administrator

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Columbia Institution for the Deaf
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Aging is a medium for sharing information about programs and activities among agencies and organizations in the field, their staffs and board members and other interested individuals. Communications and items suitable for publication should be sent to Clark Tibbitts, Chairman, Committee on Aging and Geriatrics, Federal Security Agency, Washington 25, D. C.

The printing of this bulletin has been approved by the Director of the Bureau of the Budget, August 12, 1952.

Our New Administrator

With this issue of Aging, the name of Oveta Culp Hobby goes on the masthead as Federal Security Administrator. In the brief few weeks she has been at her new desk, Mrs. Hobby has established the most pleasant relationship with the Agency staff, and has been welcomed as a forthright and capable chief.

Questions and Exchanges

The Old Timers Review, a monthly mimeographed newspaper published by the Old Timers Club of the Friends Neighborhood Guild of Philadelphia, would like to exchange publications with other groups. Its editor is George Huff and the address is 534 North Fourth Street, Philadelphia 23, Pa.

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Leon Bernstein, Executive Director of the Jewish Vocational Service of Kansas City, would like to hear from anyone who has had practical experience in operating a sheltered workshop for the aging. Address him at 8 East Ninth Street, Kansas City 6, Mo.

Determining Skill Levels of Older Women

by Roland Baxt,
Executive Director, Federation
Employment Service, New York City

As another among its techniques to help overcome employer resistance to the hiring of older workers, Federation Employment Service, a voluntary, non-sectarian employment and vocational guidance agency, affiliated with the Federation of Jewish Philanthropies of New York, has set up a new program to pre-test older typists and stenographers. With test results available, it is easier to overcome employer aversion to the older woman. Armed with satisfactory test results, the agency has been able to deflate a major employer claim that older workers do not have ability.

This pre-testing service is a highly useful device to secure employer cooperation. Particularly for those workers who have been long out of the labor market, such testing forms the basis for either immediate job referral, or for job counseling assistance along lines of referral to refresher courses. And if a woman obviously is not fitted to continue as a typist or stenographer, the agency helps her to decide what other fields may be more satisfactory.

Because of the current shortage of skilled typists and stenographers, Federation Employment Service is using this program to help middle-aged and older workers with these skills to obtain gainful employment. Most employers have more confidence in taking on an older worker whose skill has been pre-tested, and, on the other hand, these workers are more secure in the knowledge that their skills had been tested and are up to market requirements. Untold waste movement by many older workers could be funneled into constructive job finding if they were able to reach an objective judgment on the present state of their skills.

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POSTSCRIPT TO "CONFERENCES"

A last minute item, as we go to press, brings news of the Third Kansas Conference on Aging held at the University of Kansas, April 7-8 and of the Institute, "A Future for the Aging" as a feature of the Kansas Conference of Social Work, Wichita, April 20-23. Institute leader is Dr. Wilma Donahue, Chairman, Division of Gerontology, University of Michigan.

"Man's age, perceived from within,
is everlasting youth."

--Hugo von Hofmannsthal

The Way the Wind Blows

SUNSET INDUSTRIES IN HAVERHILL, MASS.

Haverhill, Massachusetts, has just opened a sewing shop employing older people exclusively. Work is obtained on a sub-contract basis from manufacturers in the area, the first contract being for several thousand aprons. Twenty-four people went to work on the first job; the plan is to increase to 55. The shop is located in an abandoned school building.

The project is one of the first units being set up by Sunset Industries, a non-profit Massachusetts corporation designed to give employment to older people who wish to be self-sustaining but who are unable to find regular employment. The sewing shop is also an activity of the Citizen's Committee on Aging, Community Council of Greater Haverhill, of which the co-chairman are Reverend Waller Bean and Frederick Mullen of the local Social Security Field Office.

CHICAGO-FLORIDA JOINT COMMITTEE FOR RESEARCH ON AGING AND RETIREMENT

An experimental trailer village has been set up near Melbourne, Florida, in connection with a research project to study the problem of adjustment for retired workers who migrate from industrial cities up North to live out their later years in a warmer climate. Similar studies will also be made in St. Petersburg, Moosehaven and Penney Farms.

The project is a joint undertaking of the Industrial Relations Center of the University of Chicago, the Institute of Gerontology of the University of Florida, the Division of Research on Retirement of the Florida Improvement Commission and the Moosehaven Research Laboratory. The study hopes to discover the characteristics of those persons who can, and those who cannot, make an easy adjustment to a new situation of this sort.

The purpose is to get material which can be developed into personnel counseling guides for Northern industries which have instituted counseling services for workers planning to retire. It will also aid local and State authorities to help older people who do decide to retire to Florida to make the proper adjustments after they arrive.

UNIVERSITY OF MICHIGAN EXTENSION SERVICE

Registration opened February 2, for three new courses in gerontology offered during the Spring in Grand Rapids by the University of Michigan Extension Service. They are: 1, a Practical Survey Course in Gerontology, especially directed to personnel workers, Church workers, Volunteer and Public Social Agencies,

Health Workers, and the Older People themselves; 2, Practise in Program Development for Older People; and Gerontology I - a two-hour credit course for professional people.

LECTURE SERIES FOR PERSONNEL MEN

The Adult Education Center of Saint Louis University, St. Louis, Mo., announces a 10-week lecture series for personnel men, on the subject of "Retirement and Your Employees." The series was scheduled to begin February 25.

A. P. A. NEWSLETTER

Newsletter, Division 20, American Psychological Association, vol. II, No. 1, is dated February 1953. The Newsletter is an information clearing-house device for members and affiliates of the Division on Later Maturity and Old Age. The current number contains 13 pages of news, reports of research in process, official actions of the Division, book reports. Appended are the 1952 presidential addresses of Dr. Harold Jones (Div. 20) and Dean Robert Moore (1951 President, Gerontological Society, Inc.). Newsletter Editor: Dr. Oscar J. Kaplan, San Diego State College, San Diego 15, Calif.

Affiliate members of the Division "shall be individuals who have a serious interest in the objectives of the Division but whose major professional affiliation is other than psychology".

COLLEGE OF JEWISH STUDIES

"A New Look at Older People" was the over-all topic of a 2-day institute for professional personnel working with older people. The College of Jewish Studies announced the institute which was sponsored by the Welfare Council of Metropolitan Chicago, February 17-18.

THE METHODIST HOME PROJECT

Construction is scheduled to start shortly on Willamette View Manor, a cooperative home for retired people, under the supervision of the Oregon Methodist Homes, Inc. Located on a bend of the Willamette River, just 10 miles outside Portland, the Home plans a wide variety of facilities especially geared to the needs of older people. Also under consideration is a small factory where residents, who so choose, may work on a piece-time basis in the manufacture of small household items that can be sold at a profit through trade channels.

WINSTON-SALEM (N. C.)

Winston-Salem, N. C., has organized a United Fund Committee on Aging to study "all phases of the problems connected with aging."

MERRILL-PALMER SCHOOL

Dr. David F. Kahn, Clinical and Research Psychologist at the Merrill-Palmer School of Detroit, Michigan, has completed a 10-week seminar with a group of early Merrill-Palmer families, and is starting to collect data that will be useful in a series of longitudinal studies he plans. Incidentally, Merrill-Palmer has a number of Gerontology Fellowships which are open to graduate students with a general background of psychology, human relations, family life, and for related fields.

PENNSYLVANIA CITIZENS ASSOCIATION

The Pennsylvania Citizens Association has issued an illustrated pamphlet, entitled Our Later Years, which is based on the report of the Division for the Aged, Health and Welfare, Council, Inc., Delaware, Montgomery and Philadelphia Counties. The official report on State-wide needs and problems of the aging and aged, authorized in 1951 by the Joint State Government Commission of the Pennsylvania General Assembly, is scheduled for publication early this year.

DETROIT

Some 570 persons in the Detroit area took part in a recent Workshop on the Aging conducted by the United Community Services. A strong representative Central Community Committee was appointed to implement the long list of recommendations that were made, and to provide a focal point for future community planning.

NEW YORK CITY

College of the City of New York opened on February 17 an 8-week seminar, Making the Most of the Later Years. Alice Rice Cook and John W. Wingate are in charge.

DAYTON, OHIO

In Dayton, Ohio the Community Welfare Council has just announced the appointment of a committee of 8 to guide the community into action programs in the field of aging. Appointment of the committee follows a 2-year study by a group set up to canvass the needs of Dayton and Montgomery counties if a favorable climate is to be developed for older people. The committee represents religion, medicine, welfare and social work, recreation, housing, employment, adult education, and family service. Chairman is Hugh McNary, Manager of the Dayton Social Security Office.

Madison, Wisconsin, Committee on Problems of the Aging is looking for a full-time director of services to the aging. Chairman is Mrs. William Hastings, First University Methodist Church, 203 Wisconsin Avenue.

Conferences To Come

The Maryland State Conference of Social Welfare will devote its entire 2-day Annual Meeting to aging and to chronic illness. Discussion sessions are scheduled on Economic Aspects of Aging; Health and Rehabilitation; Educational, Recreational and Spiritual Needs; Family Life and Housing; Social Services. The Annual Meeting will be held at the Lord Baltimore Hotel in Baltimore, May 19-20. President of the State Conference is Dr. Edward Davens, M.D., 128 West Franklin St., Baltimore 1.

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The American Psychiatric Association will have a round-table on Problems of Retirement at its May sessions in Los Angeles. Moderator will be Clark Kerr, Chancellor, University of California.

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The California Conference of Social Welfare will hold its Annual Meeting at Fresno, May 4-6. The Section on Aging will be concerned with community responsibility in the development of programs to meet the needs of senior citizens.

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Division 20, Later Maturity and Old Age, of the American Psychological Association is preparing its program for the meetings held annually as a part of the APA Annual Meeting. This year at Michigan State College, East Lansing in September. President of the Division is Dr. Nathan W. Shock, Public Health Service, FSA. Program Chairman is Dr. Wilma Donahue, Division of Gerontology, University of Michigan.

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The Arizona Conference of Social Work has scheduled its Annual Meeting for April 29 - May 1. The subject of aging is one of the principal items on the agenda.

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The University of Michigan will hold its Sixth Annual Conference on Aging, July 8 - 10, 1953. The topic of the conference will be "Earning in The Later Years." The program will include a survey of the problem and the barriers to its solution; an evaluation of the psychological, sociological and economic gains of continued employment; methods for developing opportunities to earn; and demonstrations of successful enterprises by older people themselves. The University is eager to learn of outstanding examples of successful older people in different parts of the country with a view toward bringing a few of them to the conference. Names of such people should be sent to the conference chairman, Dr. Wilma Donahue. The conference is open to anyone wishing

to attend or participate, and programs can be secured by writing the conference chairman.

The Governor's Conference on Problems of the Aging in New Mexico will hold its second State-wide meeting, probably on May 2. Chairman of the Executive Committee is Dr. Leroy Jones, Old Albuquerque, N. Mex.

The 10th Annual Meeting of the American Geriatrics Society will be held at the Hotel Commodore in New York City, May 28-30, 1953. An excellent program covering all aspects of geriatrics has been arranged.

All who plan to attend the meeting should reserve accommodations at the Hotel Commodore at an early date. The meeting is being held just before that of the American Medical Association, and the hotels expect to be filled to capacity. The meeting is open to all persons interested in the field of geriatrics.

News of the State Commissions

CALIFORNIA

Word comes from California that Governor Earl Warren, in his message to the State Legislature, requested the establishment of a Citizens Advisory Committee on Aging on a permanent basis. Following the message a bill was introduced into the Legislature for the establishment of such a Committee. California now has an Inter-departmental Committee on Aging.

CONNECTICUT

The Governor's Message to the General Assembly, January 7, 1953, contained a strong statement on the aging problem: "I should like to see Connecticut attack this problem in a way no other State has done... appoint an authoritative commission, which, with the assistance of expert technical help, would make a thorough survey of the problem in a typical Connecticut community... I wish to recommend that the General Assembly authorize me to appoint a commission on the potentials of the aging, and make an appropriation to finance its work, which would require at least a year to complete.

Dr. Sidney Shindell of the Public Health Service, F.S.A., formerly at Gallinger Hospital, Washington, D. C., is now director of the State Hospital for Chronic Illness at Rocky Hill. Dr. A. Nowell Creadick, Medical Director of the State Commission will act as a consultant.

FLORIDA

The Florida State Improvement Commission, Retirement Research Division, pamphlet (Research Report No. 3) "Retirement Village

Planning for Florida" reports preference in terms of location, type of house, and nature of services of respondents who wish to move to Florida and live in a retirement village.

RHODE ISLAND

The Rhode Island Commission reports completion of the field work on its Statewide sample survey of characteristics and situations of its older population. Coding and tabulating will be completed this Spring, says Harald D. Lund, Technical Director. Interesting feature for further researchers is that some older people, not in sample, called and asked to be interviewed.

The present Commission has recommended establishment of a permanent geriatric council to promote further community action and a research unit within the University of Rhode Island for continuing study.

MINNESOTA

The first report of the Minnesota Commission on Aging has just arrived. It is issued in an attractive format, under the title, Aging Citizens, and covers the Commission's organization and the results of two years' study by the Commission and its four working committees: Employment; Recreation; Living Arrangements; and Economic Welfare. Findings and recommendations are presented along with suggestions for further investigation and research where the Commission's work revealed a lack of essential information.

In its foreword, the report states: "The Commission is of the opinion that relatively small expenditures now may result in manifold savings in the years ahead." Requests for a copy of the report may be addressed to the Minnesota Commission on Aging, St. Paul, Minn.

NEW YORK

Age Is No Barrier is the title of the latest report of the (Desmond) New York State Joint Legislative Committee on Aging (94 Broadway, Newburgh, N. Y.). Progress of the Committee's work and in the whole field of aging enables this volume to reach a new high level of value for those trying to keep abreast of developments and of the newest ideas.

WISCONSIN

The excellent Report of the Committee on the Problem of the Aged of the Legislative Council, published last summer, covers a wide range of topics and includes a number of concrete recommendations. Readers concerned with matters of State government will be interested in the summary of the principal issues, contained in the Introduction, to which the chairman of the Legislative Council directed the attention of the Committee: For a copy, the Committee may be addressed at the Legislative Council, Madison, Wisconsin.

Books, Pamphlets and Reports

Cowdry's Problems of Aging. Edited by Albert I. Lansing, Ph.D. Third edition of a volume published initially in 1939 under the editorship of Dr. Edmund V. Cowdry. The second edition, published in 1942, revised and brought up-to-date the chapters in the first edition. The current edition, 10 years later, reports on what has transpired in gerontology during this interim. The emphasis is on multi-professional research at the biological, medical and social levels, with the goal that each individual during his life span may more and more completely fulfil his highest potentialities. Published by the Williams and Wilkins Company, Baltimore, Maryland. \$15.00

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The Journal of the American Geriatrics Society is the new official journal of the Society which will begin publication sometime during 1953. Its editor will be Willard O. Thompson, M.D., and will include on its editorial board a number of well-known specialists in the field, both here and abroad. It is described as a "practical clinical monthly journal . . . broad in scope, critical in approach, up-to-date in every way".

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You and Your Aging Parents. Written as a guide for those who have the difficult and (sometimes) troublesome problem of caring for aging parents. The purpose is to keep happy, useful, and independent without disruption of normal family life. The authors-- Edith M. Stern and Dr. Mabel Ross-- discuss problems and advise on situations related to such questions as living quarters, physical care, money matters, relations with children, family affairs, and many other similarly important subjects. The book forthrightly and thoughtfully suggests practical solutions. Published by A.A. Wyn, Inc., 23 West 47th Street, New York 19, N. Y. \$2.75

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Civil Servants in Retirement, published by the University of Wisconsin Industrial Relations Center, is a study of how 70 annuitants of the Wisconsin Retirement System are supporting themselves. It explores in detail the income, health, housing status of the individuals questioned as well as other matters related to their welfare. Both the main text and the voluminous appendices are full of real meat. The study was conducted by R. W. Fleming and Rita McGaughey.

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Some Observations on Executive Retirement. Professor Harold R. Hall changed his occupation from business executive to re-

searcher on problems of retirement. This book represents the first fruits of his work. It is a thoroughgoing study of retirement problems from the point of view of management and of the individual. The discussion is based on scores of detailed interviews, supplemented with returns from questionnaires. Published in 1953 by Harvard University at \$3.75.

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Should I Retire? by George H. Preston, M.D. Dr. Preston left the position of Commissioner of Mental Hygiene, State of Maryland, some years ago and has occupied himself as a consultant, writer, observer, and, generally, an exploiter of the satisfactions of the later years. In this volume, he makes numerous suggestions in popular language for those who are in the later years and for their children. Rinehart and Company, New York, 1952. \$2.50

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The Best Years of Your Life, Little, Brown and Co. Boston, 1952. \$3.95. Marie Beynon Ray presents a mass of evidence, examples, and opportunities in support of her contention that learning and creativity are within reach of all of us and that they have many rewards. Deals with painting, foreign languages, model building, writing, collecting, music, photography, handcrafts, and adult education.

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Selected Papers on The Aging. A group of 8 papers chosen from among those presented at the 1952 Annual Meeting of the National Conference of Social Work. These were selected with special reference to the new and definite contributions they make in describing and clarifying specific aspects of the problems of aging. An introduction by Lucia J. Bing and Margaret W. Wagner directs the papers particularly to the attention of the social work field. Available through: Health Publications Institute, Inc., 216 North Dawson Street, Raleigh, N. C. \$1.00

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Mobile Living is the name of a monthly periodical devoted to trailer life. Offers a variety of articles and features on trailer living, travel, places of interest, hobbies, trailer hints and recipes. Published at 500 Mason Ave., (P.O. Box 6085), Daytona Beach, Florida.

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A Social Program for Older People by Jerome Kaplan is announced for publication during the latter part of March by the University of Minnesota Press. The author is a group work consultant for the Hennepin County Welfare Board, Minneapolis, and secretary of the Minnesota Commission on Aging.